

SEE AND BE SEEN

PEDESTRIAN SAFETY LESSON FOR KIDS

This lesson teaches K-3 students how to be safe pedestrians with real scenarios and hands-on activities to help students understand and remember key safety tips.

ACTIVITY 1

Crossing the Street Safely

Starter Question: How do you cross the street safely? What do you look out for?

Example: Crossing the street is like following a recipe. You need to do things in the right order. First, you stop. Then you look left, right, and left again. When it's safe, you cross the street.

Hands-On Activity: Set up a mock street in the classroom using tape, chalk, or pretend lines. Have students practice stopping, looking left, right, and left again, and then crossing a "street" when it's safe.

Final Takeaway: Remind students that just like following a recipe. They should stay in order to be safe when crossing the street.

ACTIVITY 2

See and Be Seen

Starter Question: How do you make sure drivers see you before you cross the street?

Example: It's important to SEE and BE SEEN by drivers at all times. Be extra careful and wait your turn. You need to make sure the road is clear and drivers see you before you go.

Hands-On Activity: Use toy cars and figures to demonstrate yielding to traffic. Also encourage using crosswalks. Show how to wait and make eye contact with drivers before crossing.

Final Takeaway: Remind students to wait for their turn and make sure drivers can see them. Never cross or turn until they are sure it's safe.

ACTIVITY 3

Being Visible

Starter Question: Why do you think it's important for drivers to see you when you're walking or riding near the street?

Example: Being visible is like being a bright star in the sky. The brighter you are, the easier it is for everyone to see you!

Hands-On Activity: Use different-colored paper or objects and ask students to choose which colors stand out the most. Discuss why some colors are easier to see than others, especially in different conditions. You can also show examples of reflective clothing and materials if available.

Final Takeaway: Remind students to wear bright colors so you can be seen, just like a star in the night sky.

ACTIVITY 4

Staying Alert as a Pedestrian

Starter Question: What are some things that might distract you when you're walking near the street?

Example: Staying alert is like being a detective on a case. Detectives need to focus on everything happening around them, just like you need to do when you're near traffic.

Hands-On Activity: Each student is a detective with a mission. They have to keep a balloon in the air and stay focused. Introduce distractions like music, a video, eating a snack, or reading a note, but don't let the balloon drop!

Final Takeaway: Remind students that being alert like a detective means they have to focus. They should stay aware at all times to be safe near traffic.

Name: _____

Date: _____

SEE AND BE SEEN

1. Cross the Street Safely

When crossing the street, always look for a pedestrian sign to start. Match the steps below with the pictures at right.

Stop at the edge of the sidewalk.

Look left, right, and left again.

Cross the street when it's safe.



3. Be a Bright Star!

Color the clothes on the kids below to help them stand out like stars. Use bright colors that are easy for drivers to see.



4. Spot the Distractions

Circle the things that might distract you when you're walking near the street. Then, draw an "x" through them to show that they're dangerous.



2. Fill in the Sentence

It's important to SEE AND BE SEEN because _____